



## Creating Clarity in a Chaotic World: Changing with Intent

Never before in human history has life been so complex. Modern humans cope with thousands more distractions than our parents or grandparents did just fifty years ago. How in this noisy, complex world of pressures and choices do we find a way to create a sense of calm, clarity and purpose that allows us to be more effective and efficient?

Please join Drs. Susan Schaefer for an enlightening evening presentation and discussion at the Twin Cities' new venue for self-generating transformations, [The Metamorphosis Center](#), Idea Exchange Series.

### WHEN

Tuesday, September 17, 2013

6:30PM doors open

7:00 presentation

7:45 q & a/discussion

### WHERE

The Metamorphosis Center

1301 Cliff Road, Suite 105

Burnsville, MN 55337

612.730.2250

**Register:** <http://www.themetamorphosiscenter.net/registration.html>

**The Metamorphosis Center** explores contemporary themes in mind-body-spirit and personal development through guest speakers, workshops, courses, and online resources to elevate the human spirit. Drs. **Susan Schaefer** is an accredited communications expert, author, transitions coach, professor, trainer and public speaker who guides clients to seek answers in unexpected places, also helping organizations and individuals to elevate the human spirit.